

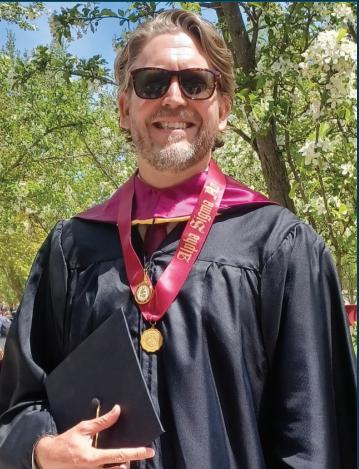
WE HAVE MOVED AND WE ARE STILL MOVING LIVES



WE HAVE MOVED!

Crossroads of Pella has temporarily relocated our offices to **1554 Broadway Street** as we prepare for much-anticipated renovations at the Pella Community Center. We look forward to continuing to serve you from our new location.

MILESTONE MINDFULNESS



2025 has been a milestone year for Chris Allen, Associate Director at Crossroads. In May, Chris earned his Master's in Social Work from Loyola University Chicago, in August he passed Iowa's licensing exam.

These credentials deepen Crossroads' capacity to serve and strengthen our impact across the community. Join us in celebrating Chris and the dedication he brings to this work every day.

TREATING TRAUMA EMDR THERAPY NOW OFFERED

Chris recently completed training in EMDR (Eye Movement Desensitization and Reprocessing) therapy to better support individuals on their trauma recovery journey. EMDR is a powerful and evidence-based intervention that helps clients reprocess traumatic experiences and build a healthier relationship with their past.

We are excited to offer EMDR as part of our growing list of resources at Crossroads.

SUMMER SUMMARY

Our Wednesdays Unplugged, Free Sports Physicals, and Adopt a Student for School programs were a big hit thanks to the incredible support of local medical professionals, organizations, and generous individuals. Because of them, Crossroads was able to encourage area youth to stay active — whether through outdoor play or school sports — and head into the new school year feeling prepared and confident.





ANOTHER RECORD-BREAKING YEAR! **KLOMPEN CLASSIC 5K**

The streets of Pella were filled with energy and anticipation as the Klompen Classic 5K returned for another unforgettable evening.

More than just a race, the Klompen is our largest annual fundraiser — and a beautiful reminder of the power of community. This year's event attracted the highest number of participants in Klompen Classic history, with runners, walkers, and supporters of all ages lacing up for a great cause.

From stroller riders to seasoned athletes chasing PRs, everyone played a part in the success of year's Klompen Classic 5K.

FROM ALL OF US
AT CROSSROADS:

Thank you!

Whether you ran the Klompen, donated your time and expertise, or bought a Christmas toy, your involvement made 2025 unforgettable.

Your support helps us walk alongside individuals and families during life's toughest challenges, building stronger, healthier lives in Pella and beyond.

WAYS TO DONATE

- **Mail a check** payable to Crossroads of Pella
- Scan the QR code to **donate online**.



UPCOMING EVENTS

SEPTEMBER 2, 2025

Coffee & Connections – 2 PM

SEPTEMBER 5, 2025

Grief Group at Independence Village – 1 PM (bi-weekly)

SEPTEMBER 15, 2025

English Language Learners Session 1 Begins – 4 PM (weekly)

SEPTEMBER 16, 2025

Coffee & Connections – 2 PM

SEPTEMBER 23, 2025

Welcome to Medicare Seminar – 5:30 PM

OCTOBER 1, 2025

Christmas Adopt a Family Registration Begins
Christmas Toy Shelf Registration Begins

OCTOBER 7, 2025

Men Talk Grief Group Begins – 6:30 PM (weekly)
Coffee & Connections – 2 PM

OCTOBER 15, 2025

Winter Coats & Coffee
Medicare Part D Open Enrollment Begins

OCTOBER 21, 2025

Coffee & Connections – 2 PM

OCTOBER 29, 2025

Winter Wear Gala

NOVEMBER 4, 2025

Coffee & Connections – 2 PM

NOVEMBER 18, 2025

Coffee & Connections – 2 PM

DECEMBER 2, 2025

Coffee & Connections – 2 PM

DECEMBER 16, 2025

Coffee & Connections – 2 PM

JANUARY 5, 2026

English Language Learners Session 2 Begins – 4 PM (weekly)

MAY 6, 2026

Free Kids Classic – 5:30 PM
Klompen Classic 5K – 7 PM

MAY 19, 2026

Welcome to Medicare Seminar – 5:30 PM

JULY 1, 8, 15, 22 and 29, 2026

Wednesdays Unplugged

SEPTEMBER 22, 2026

Welcome to Medicare Seminar – 5:30 PM

WEEKLY

Alcoholics Anonymous & Narcotics Anonymous